



NUTRITIONAL WEIGHT & WELLNESS  
*Educating and Counseling Clients to Better Health*

March 28, 2009

Mr. Jim McAfee  
Image Awareness Wellness Institute  
1271 High Street  
Auburn, California 95603

Dear Jim,

Thank you for being a guest on *Dishing Up Nutrition* this morning. What a terrific show! Your explanations were clear, and your examples made it easy for our listeners to understand that nutrition affects our bodies in a multitude of ways, some of which we see and many we don't. Dar and Cassie were so pleased and said the phone lines were busy the entire time. We hope that you will consider coming back to continue this fascinating and important discussion.

I have read parts of your book and look forward to reading it more in depth when I get my own copy. Dar is ordering a group of books for the staff. Can't wait to learn more and have my own copy!

Please accept our thanks, with special gratitude for the early hour. Have a wonderful weekend.

Best regards,  
Nancy

Nancy Palm  
Project Manager and Corporate Sales  
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